



REHAN KAPOOR

Occupational Therapist

functional assessment, activity analysis, goal planning

Kochi, India | rehan.kapoor@example.com | ROLE 25-03

FICTIONAL SAMPLE - all employers, qualifications and outcomes are illustrative and unverified.

EXECUTIVE SUMMARY

Occupational Therapist with an illustrative 11-year career in nursing, rehabilitation and diagnostic service delivery. Combines functional assessment, activity analysis, goal planning with disciplined documentation, practical coordination and clear communication. The sample career progresses from focused execution to independent workstream ownership, with responsibilities and boundaries described for each appointment. Selected work includes daily-activity goal programme, discharge participation review and therapy record quality. These examples explain the original problem, individual contribution, deliverables, review approach and remaining limitations rather than relying on unsupported headline claims. Prepared for experienced occupational therapist opportunities requiring dependable delivery, thoughtful professional judgement and collaboration. The qualification narrative includes Master of Occupational Therapy. Every named organisation and outcome in this record is fictional; professional eligibility is not independently established.

AT A GLANCE

11 years ILLUSTRATIVE CAREER	4 CAREER APPOINTMENTS	3 WORK EXAMPLES	2 EDUCATION RECORDS
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CORE COMPETENCIES

- functional assessment / activity analysis
- goal planning / adaptive equipment review
- rehabilitation documentation / family education
- team coordination / outcome review

PROFESSIONAL MISSION

Turn a clear brief into dependable nursing, rehabilitation and diagnostic service delivery work: understand the context, apply functional assessment and activity analysis, record the evidence and explain the limitations before handover.

Career family: Nursing & Allied Healthcare | Snapshot: 2026-09-22

PROFESSIONAL EXPERIENCE / RECENT

Occupational Therapist

Meridian Allied Health (fictional)

Jul 2024 - Present | Kochi, India

Independent ownership of scoped occupational therapist work, coordinating contributors and making review requirements explicit. Includes the first two selected work examples.

- Structured collaborative goal documentation.
- Coordinated functional needs and reviewed support options.
- Led brief clarification and prioritised work using functional assessment, activity analysis and goal planning. Raised unresolved constraints before committing to the next stage.
- Coordinated peer reviews and handover preparation; used a synthetic assessment and handover form to distinguish completed work, assumptions and follow-up needs.
- Supported colleagues with practical examples of adaptive equipment review and maintained a concise learning record after important assignments.

Illustrative career responsibilities. Employer confirmation and underlying work records are not supplied.

Senior Occupational Therapist

Northline Allied Health (fictional)

Jul 2020 - Jun 2024 | Kochi, India

Owned defined assignments and supported cross-functional coordination. Developed deeper practice in goal planning and adaptive equipment review.

- Created observable activity-based review criteria.
- Translated incoming requirements into a sequenced plan and aligned responsibilities with the project or service owner.
- Applied rehabilitation documentation and family education to resolve delivery questions while maintaining source and decision notes.
- Introduced reusable working documents and reviewed exceptions with the responsible specialist rather than silently changing scope.
- Prepared a supervised learning record so the next team could understand the work and remaining questions.

Illustrative career responsibilities. Employer confirmation and underlying work records are not supplied.

PROFESSIONAL WORKING PRINCIPLES

- Work within recorded professional scope and escalation arrangements.
- Protect patient identity and separate educational examples from real care records.
- Use documented assessment, service checks and multidisciplinary handovers.

PROFESSIONAL EXPERIENCE / EARLIER

Occupational Therapist

Cedarbridge Allied Health (fictional)

Jul 2017 - Jun 2020 | Kochi, India

Progressed from supported tasks to independently managed assignments, with review available for unfamiliar or higher-risk decisions.

- Handled recurring work involving functional assessment and activity analysis using a documented preparation and review process.
- Supported discharge participation review by organising inputs, maintaining issue notes and incorporating reviewer feedback.
- Coordinated colleagues and internal stakeholders using concise status updates, clear questions and agreed next steps.
- Improved record consistency through team coordination and documented handover expectations.

Illustrative career responsibilities. Employer confirmation and underlying work records are not supplied.

Occupational Therapist

Cedarbridge Allied Health (fictional)

Jul 2015 - Jun 2017 | Kochi, India

Built practical foundations through supervised assignments, routine documentation and feedback from experienced colleagues.

- Assisted with functional assessment and goal planning within an agreed scope and escalated unfamiliar work.
- Prepared inputs and checked completeness before passing work to the responsible reviewer.
- Maintained task records and learned to communicate assumptions, constraints and observed problems clearly.
- Applied review feedback to subsequent assignments and developed a dependable working routine.

Illustrative career responsibilities. Employer confirmation and underlying work records are not supplied.

SELECTED CONTRIBUTIONS

Daily-activity goal programme. Structured collaborative goal documentation. The achievement is the described workstream contribution; independent outcome evidence is not supplied.

Discharge participation review. Coordinated functional needs and reviewed support options. The achievement is the described workstream contribution; independent outcome evidence is not supplied.

Therapy record quality. Created observable activity-based review criteria. The achievement is the described workstream contribution; independent outcome evidence is not supplied.

SELECTED WORK / 01

Daily-activity goal programme

P1 | Jan 2025 - Jun 2025 | FICTIONAL WORK EXAMPLE

Context. Fictional internal work programme in nursing, rehabilitation and diagnostic service delivery; not a real client case study.

Problem. Plans did not consistently reflect meaningful daily activities.

Objective. Create a workable response to this issue through functional assessment, explicit review criteria and practical documentation. Agree the boundaries before execution and retain unresolved points for follow-up.

Contribution and ownership. Occupational Therapist; owned the stated workstream, not the full organisation or every collaborator contribution.

- Structured collaborative goal documentation.
- Prepared the scope with the commissioning team, identified unresolved inputs and used functional assessment to turn the brief into a sequenced work package.
- Applied activity analysis and goal planning while coordinating reviews with the designated owner. Kept decision notes so collaborators could separate facts, assumptions and changes.
- Assembled the handover material, explained open limitations and agreed which items needed further review rather than presenting them as completed.

Methods. functional assessment / activity analysis / goal planning / adaptive equipment review

Deliverables. Daily-activity goal programme - scoped brief; Daily-activity goal programme - reviewed working package; Daily-activity goal programme - handover and learning summary

Review. Reviewed the scoped output against the agreed brief, recorded exceptions and checked that key conclusions could be traced to observations. The review package calls for a synthetic assessment and handover form and a named human reviewer.

Illustrative outcome: the team adopted a repeatable approach for daily-activity goal programme, with clearer ownership and reviewable records. This is a fictional qualitative result; no real performance measurement or external acceptance evidence is supplied.

Suggested evidence (not supplied): synthetic assessment and handover form; service quality review; supervised learning record.

SPECIALIST PRACTICE

Practice and registration

The sample focuses on functional assessment, activity analysis, goal planning. Approvals, supervision and specialist input are identified in each work package; work outside this scope is referred to the designated responsible person.

Peer learning and practical guidance. Created short examples on functional assessment and adaptive equipment review for colleagues. Separated personal preferences from agreed team procedures and recorded useful questions.

Review and handover discipline. Facilitated practical reviews of discharge participation review, ensuring that unresolved issues retained a named owner rather than disappearing from final presentations.

Licensing, professional registration and competency sign-off are not supplied; no sample authorises independent patient care.

SELECTED WORK / 02 AND 03

Discharge participation review

P2 | Jan 2026 - Jun 2026 | Meridian Allied Health (fictional)

Problem. Home-context information arrived late.

Objective. Create a workable response to this issue through activity analysis, explicit review criteria and practical documentation. Agree the boundaries before execution and retain unresolved points for follow-up.

Ownership. Occupational Therapist; owned the stated workstream, not the full organisation or every collaborator contribution.

- Coordinated functional needs and reviewed support options.
- Prepared the scope with the commissioning team, identified unresolved inputs and used goal planning to turn the brief into a sequenced work package.
- Applied adaptive equipment review and rehabilitation documentation while coordinating reviews with the designated owner. Kept decision notes so collaborators could separate facts, assumptions and changes.
- Assembled the handover material, explained open limitations and agreed which items needed further review rather than presenting them as completed.

Methods. activity analysis / goal planning / adaptive equipment review / rehabilitation documentation

Delivered. Discharge participation review - scoped brief; Discharge participation review - reviewed working package; Discharge participation review - handover and learning summary

Illustrative outcome: the team adopted a repeatable approach for discharge participation review, with clearer ownership and reviewable records. This is a fictional qualitative result; no real performance measurement or external acceptance evidence is supplied.

Suggested evidence (not supplied): synthetic assessment and handover form; service quality review; supervised learning record.

Therapy record quality

P3 | Jan 2021 - Jun 2021 | Northline Allied Health (fictional)

Problem. Progress descriptions were difficult to compare.

Objective. Create a workable response to this issue through goal planning, explicit review criteria and practical documentation. Agree the boundaries before execution and retain unresolved points for follow-up.

Ownership. Occupational Therapist; owned the stated workstream, not the full organisation or every collaborator contribution.

- Created observable activity-based review criteria.
- Prepared the scope with the commissioning team, identified unresolved inputs and used rehabilitation documentation to turn the brief into a sequenced work package.
- Applied family education and team coordination while coordinating reviews with the designated owner. Kept decision notes so collaborators could separate facts, assumptions and changes.
- Assembled the handover material, explained open limitations and agreed which items needed further review rather than presenting them as completed.

Methods. goal planning / adaptive equipment review / rehabilitation documentation / family education

Delivered. Therapy record quality - scoped brief; Therapy record quality - reviewed working package; Therapy record quality - handover and learning summary

Illustrative outcome: the team adopted a repeatable approach for therapy record quality, with clearer ownership and reviewable records. This is a fictional qualitative result; no real performance measurement or external acceptance evidence is supplied.

Suggested evidence (not supplied): synthetic assessment and handover form; service quality review; supervised learning record.

EDUCATION AND SPECIALIST LEARNING

Master of Occupational Therapy

Asterbridge Institute of Professional Studies (fictional institution)
Jul 2011 - May 2015 | completed - fictional record
Focus: functional assessment, activity analysis, adaptive equipment review. Specialist study on daily-activity goal programme; an illustrative learning project, not a published result.

Bachelor of Occupational Therapy

Cedarhaven College of Applied Studies (fictional institution)
Jul 2007 - May 2011 | completed - fictional record
Focus: goal planning, rehabilitation documentation, family education. Applied coursework in functional assessment, documentation and reviewed practical assignments.

CONTINUING PROFESSIONAL DEVELOPMENT

Interprofessional communication workshop (2023). Functional assessment and adaptive equipment review in the context of occupational therapist work. Used reflective exercises and a bounded practice example related to daily-activity goal programme.

Service quality and documentation lab (2024). Activity analysis and rehabilitation documentation in the context of occupational therapist work. Used reflective exercises and a bounded practice example related to discharge participation review.

Patient information accessibility seminar (2025). Goal planning and family education in the context of occupational therapist work. Used reflective exercises and a bounded practice example related to therapy record quality.

Provider for these illustrative learning records: Meridian Professional Learning Studio (fictional). Not a licence or certification.

LANGUAGES AND WORKING PREFERENCES

English and Hindi - professional working proficiency in this fictional record.

Work arrangement: onsite or hybrid by role requirements. Relocation: open to discussion - sample preference.

Availability: not confirmed; discuss before an interview.

CREDENTIAL AND EVIDENCE STATUS

Licensing, professional registration and competency sign-off are not supplied; no sample authorises independent patient care.

Synthetic qualification and institution names illustrate profile fields only; they are not a validated qualification route or recognised accreditation claim.

No real referee, endorsement, award, publication, membership or licence is supplied.

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Contact placeholder: rehan.kapoor@example.com. No phone, live profile URL or verified reference is supplied.

Complete machine-readable data: profile.json. Interactive companion: portfolio.html. Reference CV used for structure only; this is not Ajay Prajapat's biography.